



## Poolside Duty – What You Need to Know

Swim Ireland requires a designated **Poolside Duty Parent** at every training session to help ensure the safety of swimmers and support coaches. This role is essential — if no one is present, the session may be cancelled.

### ✓ Your Responsibilities

If you're scheduled for poolside duty, please:

- **Arrange cover** if you're unable to attend — it's your responsibility to find a replacement
- **Arrive early** (before the session starts), collect the folder from Omagh Leisure Centre reception, and stay until the session ends
- **Stay visible** on poolside throughout the session
- **Record attendance** with the coach — each swimmer must be ticked off the register, which will be used in case of evacuation
- **Monitor movement** — be aware of swimmers leaving and returning to the pool (e.g. toilet breaks)
- **Support coaches** — give them space to run the session, including one-to-one feedback (always in open view)
- **Log issues** in the diary (no names) and report concerns to the coach, Children's Officer, or Club Secretary
- **Redirect queries** — if another parent asks a question, kindly advise them to email: [struledolphins@googlemail.com](mailto:struledolphins@googlemail.com)
- **No cash handling** — swim hats must be requested via email and paid for online
- **Illness protocol** — if a swimmer feels unwell, notify the Level 2 coach who will contact their parent
- **Emergency support** — assist the coach with supervision or response if needed
- **Note in diary** the number of swimmers, coaches, and helpers present
- **Tidy up** floats, fins, and equipment after the session
- **Return the folder** to reception (except for Tuesday evening Sessions 1 & 2 — please follow specific instructions)

### 🔔 Important Reminders

- **No mobile phones** are permitted on poolside
- **Only coaches, lane helpers, and duty parents** are allowed on the pool deck
- **No outdoor shoes** on pool deck — blue shoe covers are available if needed
- If a swimmer leaves the pool feeling unwell, please keep an eye on them until their parent arrives