



SOUTH LAKE

OPEN SC & LC MEET 2026

Level 1&3 Qualifying Gala

Saturday 18th and Sunday 19th

April 2026

SOUTH LAKE LEISURE CENTRE CRAIGAVON

Meet License Number –

Level 1- 1S-25/26-U025

Level 3 – 3L-25/26-U026

(TIMES ACHIEVED AT THIS MEET CAN BE USED TO QUALIFY FOR ULSTER (AND REGIONAL) AGE GROUP AND SENIOR LONG COURSE CHAMPIONSHIPS, IRISH SUMMER NATIONAL AGE GROUP CHAMPIONSHIPS (12-14YRS) AND IRISH SUMMER NATIONAL YOUTH & SENIOR CHAMPIONSHIPS (15+).



Event Information

Date Saturday 18th and Sunday 19th April 2026
Venue South Lake Leisure Centre, Craigavon.
Age Groups Open & Female 8 years, 9years, 10years, 11years, 12years, 13years, 14years, 15years, 16years, 17+ years

Age Up to Date 31st December 2026

Events 25m Freestyle, Backstroke, Breaststroke, Butterfly.
50m Freestyle, Backstroke, Breaststroke, Butterfly.
100m Freestyle, Backstroke, Breaststroke, Butterfly.
200m Freestyle, Backstroke, Breaststroke, Butterfly.
200m IM & 400m IM (3 heats max.)
400m (3 heats max.), 800m (2 heats max.) & 1500m Freestyle (2 heats max).

ALL EVENTS WILL BE HEAT DECLARED WINNER.

Pool Set Up 8 Lane 25m Format – Session 1 Full Electronic timing will be in use.
8 Lane 50m Format – Full Electronic timing will be in use.
No Warm up Pool is available on either day.

Sessions There will be 5 sessions over 2 days.
Session 1 8 yrs - 11yrs 25m
Session 2 11yrs+ 50/100, 12 yrs+ 200m heats
Session 3 11yrs+ 50/100, 12 yrs+ 200m heats
Session 4 11yrs+ 50/100, 12 yrs+ 200m heats
Session 5 11yrs+ 50/100, 12 yrs+ 200m heats

ENTRIES FOR LONG COURSE 200 BUTTERFLY, 400M IM, 800M FREESTYLE & 1500M FREESTYLE ARE RESTRICTED TO 13YEARS+
POSITIVE CHECK IN AT WARM UP IS REQUIRED FOR 400M FREESTYLE, 800M FREESTYLE & 1500M FREESTYLE. THIS WILL BE LOCATED AT THE REGISTRATION TABLE OUTSIDE THE CHANGING ROOMS.

Awards Medals will be awarded to the first three places in each age group.
2 Trophies - Best Girl in each age group 8,9,10,11 – Points total in all four strokes.
Best Boy in each age group 8,9,10,11 – Points total in all four strokes.

Entries Entry times for each swimmer must be included to assist planning and the smooth running of the gala. **No NT entry times will be accepted.** Swimmers entering the South Lake Open Meet 2026 must be a member of Swim Ireland affiliated club or a club from outside Ireland registered with their National Federation. The Swim Ireland Registration number or equivalent for each swimmer must be included in the file.

Entries must be submitted electronically to gala@lurganswimming.co.uk using HYTEK Team Manager.

**Entry Fee**

Individual Entries Level 1 Meet - £6 per stroke or £20 for 4 strokes.

Individual Entries Level 3 Meet - £7

Entry fees must be transferred electronically to Lurgan Amateur Swimming Club bank account. Entries will only be accepted and secured once payment has been received. A confirmation email, together with the entry report, will be issued upon proof of full payment. i.e screenshot of bank transfer. Please use your club name and SL Open 26 as the payment reference. All payments must be made in sterling.

Account Number: 96754292

Sort Code: 090127

Meet Results

The Gala results will be posted on WhatsApp via QR code during the gala and on MeetMobile. A full list of Results will be forwarded to individual clubs when the Meet is finished.

Safety Protocols

Club Coaches are only permitted to stay within the designated areas to avoid congestion at pool side. No clubs are to sit pool side; all competitors must remain in the gallery between races.

Cameras/Mobile Phones. The use of all photographic equipment is strictly controlled. All photographic equipment must first be registered at the registration table outside the changing room. You will be asked for photographic ID to register your camera and must display the pass given.

To avoid slips, trips and falls **FOOTWEAR MUST BE WORN AT ALL TIMES.**

Parking

There are other events on in the leisure centre this weekend and car parking will be limited. Please use overflow car parks as per maps attached.

The closing date for entries is 29th March 2026.

Withdrawals must be received by 5th April 2026. This allows for smooth running of the gala.

No refunds will be issued.

We reserve the right to restrict the number of entries if the meet is oversubscribed. To assist with the smooth running of the gala, entries will be on a first come first paid basis.

Clubs are responsible for checking their own entries and changes will not be accepted on the day.



ORDER OF EVENTS

Saturday 18th April 2026

**Warm Up Times & Session time subject to alteration depending on number of entries received.

SESSION 1 Level 1 25m Format
Event 101 – Female 8-11yrs 25m Backstroke
Event 102 – Open 8-11yrs 25m Backstroke
Event 103 – Female 8-11yrs 25m Breaststroke
Event 104 – Open 8-11yrs 25m Breaststroke
Event 105 – Female 8-11yrs 25m Butterfly
Event 106 – Open 8-11yrs 25m Butterfly
Event 107 – Female 8-11yrs 25m Freestyle
Event 108 – Open 8-11yrs 25m Freestyle

SESSION 2 Level 3 50m Format	SESSION 3 Level 3 50m Format
Event 201 – Open 12yrs & Over 200m IM	Event 301 – Mixed 800m Freestyle (13years+) Limited to 2 Heats
Event 202 – Girls 11yrs & Over 100m Breaststroke	Event 302 – Open 11yrs & Over 100m Freestyle
Event 203 – Open 11yrs & Over 100m Backstroke	Event 303 – Girls 13 & Over 400m IM
Event 204 – Female 13yrs & Over 200m Butterfly	Event 304 – Open 11yrs & Over 100m Butterfly
Event 205 – Open 11yrs & Over 50m Breaststroke	Event 305 – Female 12yrs & Over 200m Backstroke
Event 206 – Female 11yrs & Over 50m Backstroke	Event 306 – Open 11yrs & Over 50m Freestyle
Event 207 – Open 12yrs & Over 200m Freestyle	Event 307 – Female 11yrs & Over 50m Butterfly
Event 208 – Female 12 yrs & Over 400m Freestyle Limited to 3 Heats	Event 308 – Open 12yrs & Over 200m Breaststroke



ORDER OF EVENTS

Sunday 19TH April 2026

****Warm Up Times & Session time subject to alteration depending on number of entries received.**

SESSION 4 Level 3 50m Format	SESSION 5 Level 3 50m Format
Event 401 – Girls 12yrs & Over 200m IM	Event 501 – Open 12yrs & Over 400m Freestyle Limited to 3 Heats
Event 402 – Open 11yrs & Over 100m Breaststroke	Event 502 – Female 11yrs & Over 100m Freestyle
Event 403 – Female 11yrs & Over 100m Backstroke	Event 503 – Open 13yrs & Over 400m IM Limited to 4 Heats
Event 404 – Open 13yrs & Over 200m Butterfly	Event 504 – Female 11yrs & Over 100m Butterfly
Event 405 – Female 11yrs & Over 50m Breaststroke	Event 505 – Open 12yrs & Over 200m Backstroke
Event 406 – Open 11yrs & Over 50m Backstroke	Event 506 – Female 11yrs & Over 50m Freestyle
Event 407 – Female 12yrs & Over 200m Freestyle	Event 507 – Open 11yrs & Over 50m Butterfly
Event 408 – Mixed 1500m Freestyle (13years+) Limited to 2 Heats	Event 508 – Female 12yrs & Over 200m Breaststroke



